

CHOLESTEROL AWARENESS

Have you ever had your blood cholesterol checked?

- In 1999, 71% of Montana adults reported having ever had their blood cholesterol checked, with little difference between sexes.
- The percentage of adults having ever had their blood cholesterol checked increased with increasing age, education, and income levels.
- White non-Hispanic adults (73%) were more likely to have ever had their blood cholesterol checked than were non-white or Hispanic adults (51%).

Have you had your blood cholesterol checked in the past five years?

- In 1999, 65% of Montana adults reported having had their blood cholesterol checked in the past five years, with little difference between sexes.
- The percentage of adults reporting that they had their cholesterol checked in the past five years has changed little since 1992.
- The percentage of adults reporting having had their blood cholesterol checked during the past five years increased with increasing age, education, and income levels.
- White, non-Hispanic adults (66%) were more likely to have had their blood cholesterol checked in the past five years than were non-white or Hispanic adults (49%).

Were you ever told your blood cholesterol was high?

- Thirty-one percent of Montana adults reported in 1999 that they had ever been told by a health care professional that their blood cholesterol was high.
- As age class increased, a greater percentage of adults reported having been told their blood cholesterol level was high. More adults aged 45 and older (>33%) had been told their blood cholesterol was high relative to adults less than 45 years of age ($\leq 22\%$).
- Adults with less than a high school education were more likely to report having ever been told that their blood cholesterol was high (41%) compared to adults with higher levels of education ($\leq 31\%$).

Healthy People 2000 Objective:

- 15.14 Increase to at least 75 percent the proportion of adults who have had their blood cholesterol checked within the preceding 5 years.

Healthy People 2010 Objective:

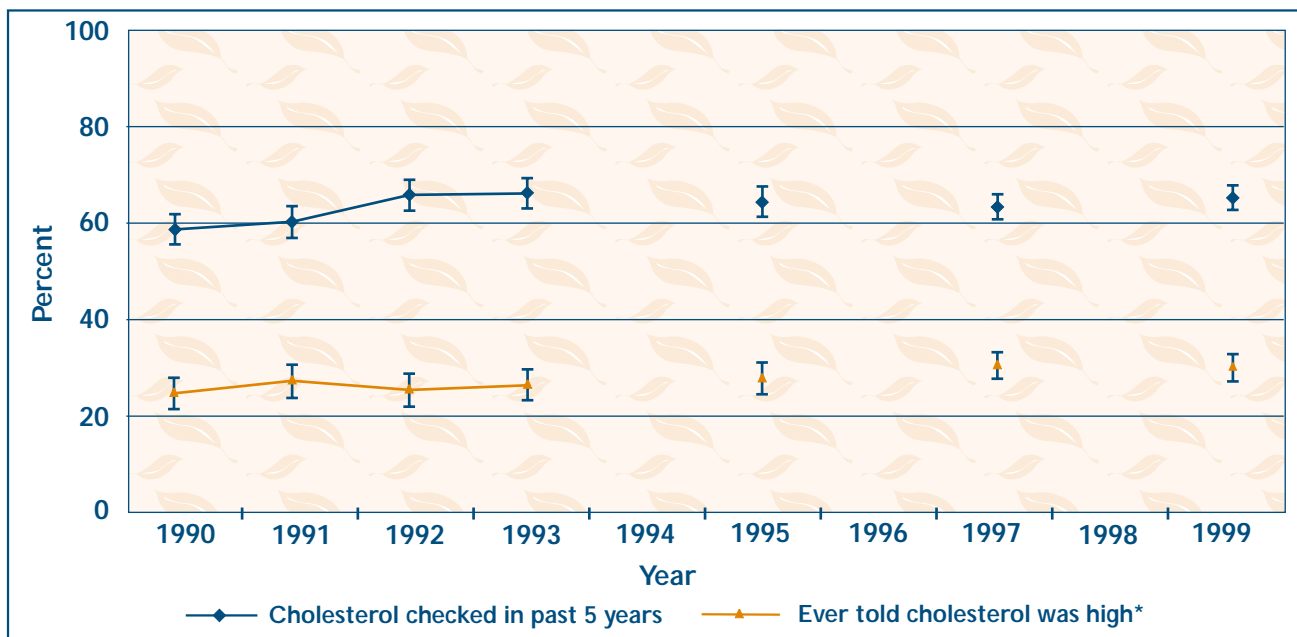
- 12-15 Increase the proportion of adults (to at least 80 percent) who have had their blood cholesterol checked within the preceding 5 years.

Table 8. Cholesterol Awareness, Montana Adults, 1999 (with 95% confidence intervals).

	Ever had blood cholesterol checked				Blood cholesterol checked in past 5 years				Ever told blood cholesterol high*			
	Total No.	No.	%	CI (+/-)	Total No.	No.	%	CI (+/-)	Total No.	No.	%	CI (+/-)
All Adults: 1999	1741	1284	71.3	(2.4)	1708	1144	65.0	(2.6)	1269	387	30.5	(2.8)
Sex:												
Male	742	528	69.2	(3.8)	732	478	63.7	(3.9)	522	168	31.8	(4.4)
Female	999	756	73.3	(3.2)	976	666	66.2	(3.3)	747	219	29.2	(3.6)
AGE:												
18 - 29	260	104	39.0	(6.5)	254	163	35.2	(6.4)	102	14	14.7	(7.7)
30 - 44	502	333	66.4	(4.6)	495	288	58.7	(4.8)	331	36	22.0	(5.3)
45 - 64	608	513	83.8	(3.3)	603	463	76.0	(3.8)	507	171	34.0	(4.5)
65+	369	333	92.0	(2.8)	355	302	87.7	(3.5)	328	133	41.5	(6.1)
Education:												
<High School	429	108	62.3	(8.7)	153	94	57.3	(8.9)	107	44	40.9	(10.2)
High School	601	429	67.3	(4.4)	592	380	60.6	(4.5)	421	133	29.6	(4.6)
Some College	494	349	69.3	(4.6)	482	308	63.1	(4.8)	345	105	30.9	(5.7)
College Degree	483	396	81.5	(3.9)	478	360	74.9	(4.3)	395	105	28.3	(5.2)
Income:												
<\$10,000	81	50	58.3	(12.7)	79	46	53.0	(12.9)				
\$10,000 - \$19,999	233	147	58.4	(7.5)	230	127	50.9	(7.4)	144	52	36.6	(8.8)
\$20,000 - \$34,999	476	347	69.6	(4.3)	468	316	65.2	(4.8)	344	104	31.5	(5.7)
\$35,000 - \$49,999	267	203	74.5	(5.7)	267	184	67.6	(6.1)	203	55	26.8	(6.5)
\$50,000+	312	262	84.3	(4.6)	231	172	77.0	(5.3)	262	73	29.1	(6.4)
Race:												
White, non-Hispanic	1620	1211	72.8	(2.5)	1590	1078	66.2	(2.6)	1197	361	30.2	(2.9)
Non-white or Hispanic	116	68	51.2	(10.4)	114	64	49.3	(10.4)	67	24	35.2	(12.5)

*Denominator is people who ever had cholesterol checked.

Figure 7. Cholesterol Awareness, Montana Adults, 1990-1999.



*Denominator is people who ever had cholesterol checked.